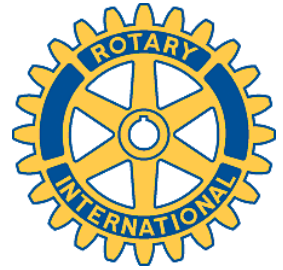


THE ROTARY CLUB OF NORTH VANCOUVER

WHEEL SQUEALS

July 29th, 2013



Written by Alec Wallace
Edited by David Spears

Joy Jones greeted us with her smiling face and collected our cash.

President Deborah opened the meeting. Norman Thomson led us in O Canada and David Spears provided a thoughtful invocation.

President Deborah introduced Alice Miro, Manager, Health Promotion of the British Columbia Heart & Stroke Foundation. Alice outlined for us some of the initiatives being undertaken to encourage young children to become more active. In today's age, many children are driven to school and thus aren't getting the desired level of exercise. Working with schools and parents in the community, more and more programs are being developed. For example, on Saturday, Oct 5th, a Roll and Stroll program will take place, starting at Cleveland Elementary School and finishing at Edgemont Village. It is meant to inspire kids to be active in their daily lives and foster a supportive community for kids who want to walk, bike, etc. Volunteers are invited to promote this event and encourage others to make this a successful event.



Sergeant-at-Arms:

David Spears held the 50/50 winning ticket, drawn by Alice Miro, and pulled the Jack of Clubs.

Sherriff Alec Wallace then requested Happy / Sads:

- Fred Sverre was happy to be going to Norway to visit relatives, but sad that the Whitecaps lost their soccer game,
- David Spears was happy about his holiday in the Okanagan, but nearly lost his kayak off the roof of his truck and nearly hit a deer on route,
- Norman Thomson was happy to be going to Scotland Aug 11 before our next meeting, so he passed the promotion of the Terry Fox Run to his backup, Bob Malcolm,
- Joy Jones was happy to spend 2 weeks at the lake, but sad not making it to any Rotary meetings in August (more lake holidays),
- Bob McKilligan appreciated the ingenuity of hanging the Terry Fox banner on coat racks by Norman Thomson and John Stuart,

- Bob Nowell was happy to be going to a Blue Jays/Mariners baseball game in Seattle,
- Wendy Law was sad to miss the Winefest for her wedding Oct 19th,
- Deborah Sommerfeld was happy to hear the best reason ever to miss a Winefest from Wendy Law,
- Alice Miro was happy to be getting married in a month.

Club Assembly followed with a discussion on the Duck Splash

Deborah Sommerfeld proposed the toast to RI and led us in The 4-Way Test.

Meeting adjourned.

Future Meetings / Key Dates:

- Aug 5 No Meeting - BC Day Statutory Holiday
- Aug 12 Peer2Peer Program, Odd Squad Productions - David Steverding, Vancouver Police Department
- Aug 19 No Meeting
- Aug 26 Club Fellowship Evening - BBQ at President Deborah's Home
- Sep 2 No Meeting - Labour Day Statutory Holiday
- Sep 9 RRSs for Real Estate Investment - Dan Eisenhauer
- Sep 15 Terry Fox Run

